

CLINTON TOWNSHIP RECREATION KARATE (MATSUBAYASHI RYU)

- ✓ **Confidence**
- ✓ **Respect**
- ✓ **Responsibility**
- ✓ **Fitness**
- ✓ **Discipline**
- ✓ **Fun**



Karate was created in Okinawa as a means of self-defense without weapons. Over the years, it has been systemized and developed for training both mind and body. A mastery of karate does not depend as much on one's physical condition as it does on one's practice and desire. Our style of karate emphasizes speed and movement rather than brute force.

Classes are taught by Sensei Steve Will, a fifth degree black belt in Matsubayashi Ryu Karate-Do, who is in his 18th year teaching for Clinton Township. Call Sensei Will at 908-735-5999 ext. 4 for availability and information. All karate classes are held in Clinton Township schools during the school year and at North Hunterdon High School over the summer.



Mighty Mites: Ages 4-6
\$31 per month (\$36 non-residents)

Class	Day	Time	Location
MM1	Tue	4:30-5:00 pm	CTMS
MM3	Wed	4:30-5:00 pm	CTMS
MM2	Thu	4:30-5:00 pm	CTMS

Kids Classes: Ages 7-14
\$55 per month (\$60 non-residents)

Level	Day	Time
Beginner 1	Tue/Thu	5:15-6:00 pm
Beginner 2	Wed	5:15-6:30 pm
Intermediate	Tue/Thu	6:15-7:00 pm



Classes: Ages 15+
\$60 per month (\$65 non-residents)

Level	Day	Time
Beg/Int/Adv	Tue/Thu	7:15-8:15 pm

Adult



TM

The attached information is being distributed by the Clinton Township School District at the request of the organization. The District's distribution of this literature is purely a courtesy to our parents and students, and is not an endorsement by the District.