

During this time at home, it might be hard to find enough for our children to do, especially when we ourselves are working from home, trying to keep our families together or just trying to keep all of it together. Giving our children chores to complete teaches them responsibility and takes a little off our plates as parents.

*However, there's a little disclaimer here:*

Of course, it isn't likely that these chores will be completed perfectly, leaving your home looking like the fairy godmothers have come to visit. However, it is important to acknowledge your child's efforts and for you to let go of your desire to "re-do" the job to your standards. Be mindful of this when choosing chores for your child and try to only choose chores that you're OK with being done "just well enough."

Here's an easy graphic for age-appropriate chores:

## AGE APPROPRIATE CHORES

### 2-3 YEARS

- PICK UP TOYS AND BOOKS
- PUT TRASH IN GARBAGE CAN
- PUT LAUNDRY IN HAMPER
- DUST
- PUT AWAY SILVERWARE
- WIPE BASEBOARDS
- FOLD RAGS AND DISHCLOTHS
- PUT CLOTHES IN HAMPER
- PUT CLOTHES AWAY IN DRAWERS

### 7-11 YEARS

- ALL PREVIOUS CHORES
- FOLD LAUNDRY
- SWEEP
- VACUUMING
- TAKE OUT TRASH
- WASH MIRRORS
- MEAL PREP
- TAKE TRASHCAN TO CURB
- WEED FLOWERS / GARDEN
- CLEAN OUT THE CAR
- CLEAN TOILETS
- CLEAN ROOM
- ORGANIZE TOY ROOM
- BRING IN MAIL / NEWSPAPER

### 4-6 YEARS

- ALL PREVIOUS CHORES
- TAKE CARE OF PETS
- SET AND CLEAR THE TABLE
- MATCH SOCKS
- PUTTING AWAY GROCERIES
- MAKE BED
- WIPE DOWN DIRTY WALLS
- EMPTY TRASHES
- SWEEP WITH SMALL BROOM

### 12± YEARS

- ALL PREVIOUS CHORES
- MOW LAWN
- BABYSIT SIBLINGS
- WASH WINDOWS
- IRON
- WASH CAR
- COOK SIMPLE MEALS
- LAUNDRY
- MOP FLOORS
- CLEAN BATHROOM
- CLEAN OUT FRIDGE

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