



Round Valley School

April 2017 Lunch Menu

Healthy Meals Grow Healthy Kids!

Mac's Nutrition News

This month, we are challenging you to focus on "Eating the Colors of the Rainbow." You can do this by choosing a variety of fruits and vegetables from every color found in the rainbow. More colors equals more variety, and more variety equals more ways to feed your body the healthy foods that help you feel good and thrive!

All Meals are Served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch. Fruit of the Day and Low Fat Milk Choice

Student Lunch \$2.95
 Reduced Lunch \$0.40
 Adult Lunch \$3.65

Maschio's Swap Outs Available Daily

- Grilled Chicken Wrap
- Assorted Pizza
- Ham or Turkey Sandwich
- Italian Sub Sandwich
- Hummus Platter with Pita Bread
- Egg Salad Sandwich
- Tuna Salad Sandwich

MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
3 <i>Grand Slam</i> Pretzel Hot Dog Battered French Fries 100% Juice Sorbet Opening Day	4 Fiesta Chicken Nacho Platter with Shredded Cheddar Cheese, Lettuce, Tomatoes, & Salsa Steamed Corn Fresh or Chilled Fruit	5 Baked Ziti Garlic Bread Green Beans Italiano Fresh or Chilled Fruit	6 New Item! Breakfast for Lunch Pancakes with Warm Berry Compote Breakfast Sausages Hash Browns Fresh or Chilled Fruit	7 Stuffed Crust Cheese Pizza Freshly Prepared Italian House Salad Fresh or Chilled Fruit
10 Crispy Chicken Sandwich Smile Fries Fresh or Chilled Fruit	11 Cheesesteak Sandwich Peppers & Onions French Fries Fresh or Chilled Fruit	12 <i>Lucky Tray Day</i> Macaroni & Cheese Dinner Roll Green Beans Fresh or Chilled Fruit	13 Personal Pan Pizza Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit	14 School Closed
17 School Closed	18 School Closed	19 School Closed	20 School Closed	21 School Closed
Spring Recess! School Closed				
24 Popcorn Chicken Warm Breadstick Tater Tots Fresh Celery Dippers Fresh or Chilled Fruit	25 Hot Turkey & Cheese Croissant Sub Seasoned Peas Fresh or Chilled Fruit Earth Day	26 Hamburger or Cheeseburger on a Bun Smile Fries Fresh or Chilled Fruit Heartzels Pretzels National Pretzel Day	27 Hot Dog on a Bun Baked Beans French Fries Fresh or Chilled Fruit	28 Domino's Pizza Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit www.MaschioFood.com
 Or Call Maschio's Food Services at: 908-236-6341

Prepaid Meals are available in the cafeteria:

Please Make Checks Payable To: Clinton Township

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"



Check us out on Facebook : Maschio's Food Services, Inc.