



Patrick McGaheran School

April 2017 Lunch Menu

Healthy Meals Grow Healthy Kids!

Mac's Nutrition News

This month, we are challenging you to focus on "Eating the Colors of the Rainbow." You can do this by choosing a variety of fruits and vegetables from every color found in the rainbow. More colors equals more variety, and more variety equals more ways to feed your body the healthy foods that help you feel good and thrive!

All Meals are Served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch. Fruit of the Day and Low Fat Milk Choice

Student Lunch \$2.95
 Reduced Lunch \$0.40
 Adult Lunch \$3.65

MASCHIO'S MAIN EVENT



Maschio's Swap Outs Available Daily

- Bagel Bag with Cheese
- Yogurt Bag with Bagel
- Chef Salad with a Dinner Roll
- Ham and Cheese Sandwich
- Turkey Sandwich
- Tuna Salad Sandwich
- Chicken Patty on a Bun
- Peanut Butter & Jelly Jamwich



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

 Check us out on Facebook : Maschio's Food Services, Inc.

Monday	Tuesday	Wednesday	Thursday	Friday
3  Pretzel Hot Dog Battered French Fries 100% Juice Sorbet Opening Day	4 Fiesta Chicken Nacho Platter with Shredded Cheddar Cheese, Lettuce, Tomatoes, & Salsa Steamed Corn Fresh or Chilled Fruit	5 Baked Ziti Garlic Bread Green Beans Italiano Fresh or Chilled Fruit	6 New Item! Breakfast for Lunch Pancakes with Warm Berry Compote Breakfast Sausages Hash Browns Fresh or Chilled Fruit	7 Assorted Cheese Pizza Freshly Prepared Italian House Salad Fresh or Chilled Fruit
10 Crispy Chicken Sandwich Smile Fries Fresh or Chilled Fruit	11 Mozzarella Sticks Marinara Sauce Freshly Prepared Garden Salad Fresh or Chilled Fruit	12  Macaroni & Cheese Dinner Roll Green Beans Fresh or Chilled Fruit	13 Sweet & Sour Popcorn Chicken with Rice Steamed Broccoli Fresh or Chilled Fruit	14 School Closed
17 School Closed	18 School Closed	19 School Closed	20 School Closed	21 School Closed
Spring Recess! School Closed				
24 Popcorn Chicken Warm Breadstick Tater Tots Fresh Celery Dippers Fresh or Chilled Fruit	25 Hot Turkey & Cheese Croissant Sub Freshly Prepared Garden Salad Fresh or Chilled Fruit Earth Day	26 Hamburger or Cheeseburger on a Bun Smile Fries Fresh or Chilled Fruit Hartzels Pretzels National Pretzel Day	27 Hot Dog on a Bun Minestrone Soup Steamed Carrots Fresh or Chilled Fruit	28 Dominick's Pizza Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit
				

Our well-balanced lunches available for the week, average between 550-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit www.MaschioFood.com
 Or Call Maschio's Food Services at: 908-735-5151

Prepaid Meals are available in the cafeteria:

Please Make Checks Payable To: Clinton Township

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"